

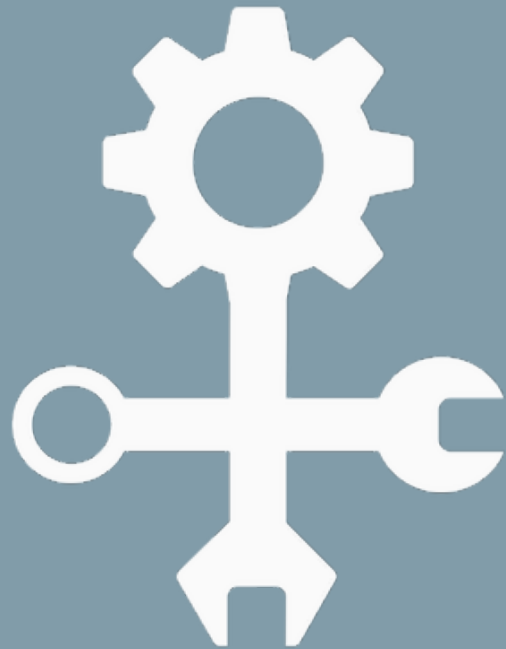
WHY THIS PROJECT?

The **DIY project** goes beyond teaching manual tasks- It empowers women in rural areas to take ownership of their homes, improve their surroundings, and build community ties.

Through inclusive learning and a focus on self-reliance, participants will not only gain new skills, but also confidence, autonomy, and stronger social networks.

OUR OBJECTIVES

- Increase access to lifelong learning
- Promote inclusion and diversity in adult education
- Provide flexible and recognised learning experiences
- Support rural women in achieving self-sufficiency
- Encourage sustainable and resourceful practices



Empowering Rural Women Through Practical Skills



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DIY 
DO IT YOURSELF

THE DIY CONSORTIUM

I&F EDUCATION AND
DEVELOPMENT
- IRELAND

www.instructionandformation.ie

ASOCIACIÓN VILLAFUENTE
PARA EL DESARROLLO
RURAL - SPAIN

<https://villafuente.es/>



FOLLOW US

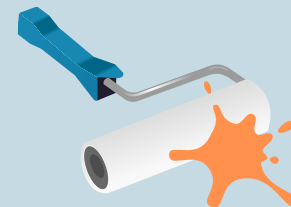
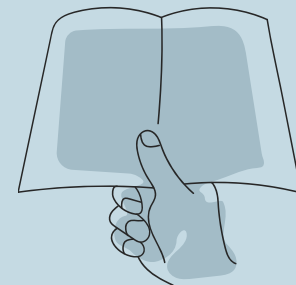
ON



PROJECT RESULTS

DIY HANDBOOK

With 6 hands-on
modules



DIY WORKSHOPS

Practical sessions in
Ireland and Spain where
women learn by doing
in a safe and inclusive
environment.

